

OvreArts Presents

ASANA UTSAVA

A CELEBRATION OF MUSIC & MOVEMENT
JANUARY 30TH & 31ST AT 7:30PM



A SPECIAL THANK YOU TO:

HEINZ CHAPEL

PATRICIA GIBBONS, HEINZ CHAPEL DIRECTOR

ROCK BOTTOM BREWERY

BLOOMFIELD-GARFIELD COMMUNITY CENTER

HANS & LESLIE FLEISCHNER

VIDEOGRAPHERS:

PEARLANN PØRTER

ALEX COLLINGER

For more information on
participating composers
and yoga studios, scan this
code:



Please hold all applause
until the end of the show.

Please bring your
completed survey to the
reception afterwards.

www.OvreArts.org

ASANA UTSAVA

EDWARD LEONARD, SPECIAL GUEST CONDUCTOR
MATT PICKART, VIOLIN
HANNAH WHITEHEAD, CELLO
KRISTINE ROMINSKI, FLUTE
STEVE EHRIN, BASSOON & CLARINET
ANNA KOVALEVSKAYA, PIANO & SYNTH
CHRIS MASSA, PERCUSSION
RYAN MCMASTERS, HARMONIUM

NARRATED BY:

- JOHN UBINGER

“BLEND”

COMPOSER:

- SUZANNE POLAK

PERFORMED BY:

- BEND YOGA: ASHLEE GREEN

“VIRASANA”

COMPOSER:

- EMILY JONES

PERFORMED BY:

- BYS YOGA: HAYLEY

WORTHMAN, ASHLEY O'HARA,

JENNIFER FERRIS-GLICK, ALANA

DELOGE, MAGGIE BORZA-PETRIE

“A STEADY, DYNAMIC FLOW”

COMPOSER:

- CHRIS MASSA

PERFORMED BY:

- CLAY YOGA: MICHAEL LÜBBERT

“DEEP SEARCH”

COMPOSER:

- RYAN MCMASTERS

PERFORMED BY:

- YOGA HIVE:

TEACHERS & STUDENTS

“REACH IN - BRANCH OUT”

COMPOSER:

- BLAKE RAGGHIANI

PERFORMED BY:

- SCHOOL HOUSE YOGA:

MITA GHOSAL, LETA KOONTZ,

MONIQUE RICHARDS, KENDELL

ROMANELLI

~INTERMISSION~

STRUCTURAL EXPLORATION

PERFORMED BY:

- L' OF YOGA MEDICINA WITH
ELIZABETH SIELEN (TH) & LAURA
STINESPRING (FRI)

VIGNETTES ON THE CHAKRAS...

“SALSA”

“SWAG”

“SWEETNESS”

COMPOSER:

- ROBERT FARRELL

PERFORMED BY:

- TAKE YOGA:

LEIGH ANN HANDEL &

MICHAEL CUTRIGHT

“SEER”

“SPIRITUALITY”

PERFORMED BY:

- YOGA ON THE SQUARE:

JOANNE SPENCE, MONICA

GAYDOS, CARA BESSKO, DAWN

PENNEY, RAIONA GAYDOS.

MERRYN SPENCE

“CARVE”

COMPOSER:

- SHANI BANERJEE

PERFORMED BY:

- BIKRAM YOGA: ZEB HOMISON

“FLOW”

COMPOSER:

- GUY RUSSO

PERFORMED BY:

- YOGA FLOW:

RYAN MULLINARY, GRACE KOSKO,

GINA KALICK, BRIAN EDUARDO, JESSE

BUENO

“THE BODY AND THE POSE”

COMPOSER:

- CHRIS MASSA

PERFORMED BY:

- YOGA ON THE SQUARE:

MONICA GAYDOS & RAIONA GAYDOS